COUNSELING OFFICE
AS I'M SURE YOU'RE ALREADY AWARE,

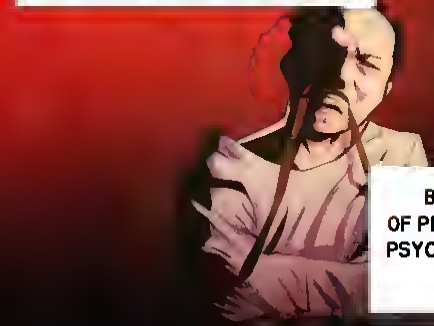
COUNSELING IS NOT MY MAIN AREA OF EXPERTISE.
SO I WILL HAVE TO GET HELP.
FROM MY PROFESSOR DURING THE COURSE OF OUR CONVERSATIONS.
I DON'T MIND, NAMBONG.

CALL ME
MR. BAEK.
NOW,
LET ME HEAR
ABOUT YOU.

AS YOU SAW. I HAVE A HARO TIME CONTROLLING MY EMOTIONS.
EVERY TIME I FEEL ANGRY. I JUST CAN'T HOLO IT BACK ANO IT S HARO TO CONTROL.

AND THEN AFTER, I GET REALLY DEPRESSED AND END UP REGRETTING IT.
THAT KIND DF THING JUST KEEPS REPEATING ITSELF...
THE DDCTDRS BEFDRE SAID THAT DUT DF THE CLASS B PERSDNALITY DISDRDERS,
I HAD A BDRDERLINE PERSDNALITY DISDRDER.

WHEN PEOPLE HEAR "MENTAL ILLNESS," THERE ARE MANY CASES WHEN THEY ARE AFRAID BECAUSE THEY IMAGINE BIZARRE BEHAVIOR AN ABNORMAL APPEARANCE DELUSIONS OR FANTASIES.

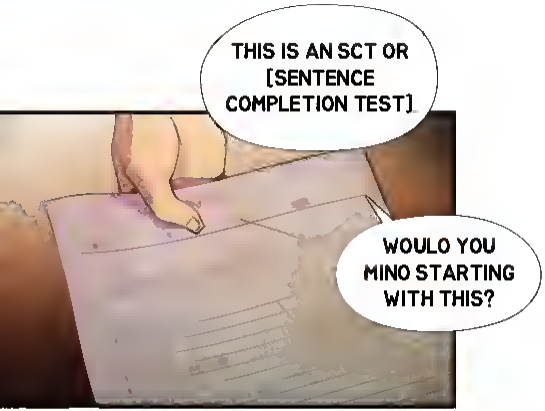


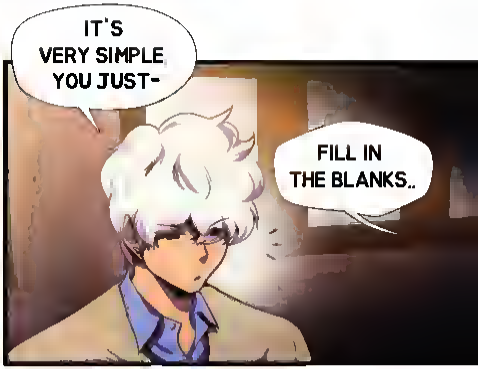
BUT THAT IS A KIND OF PREJUDICE AND NOT ALL PSYCHOLOGICAL DISORDERS ARE LIKE THAT.

IN MANY CASES, PEOPLE ARE ABLE TO MAINTAIN THEIR SOCIAL AND DAILY LIVES.

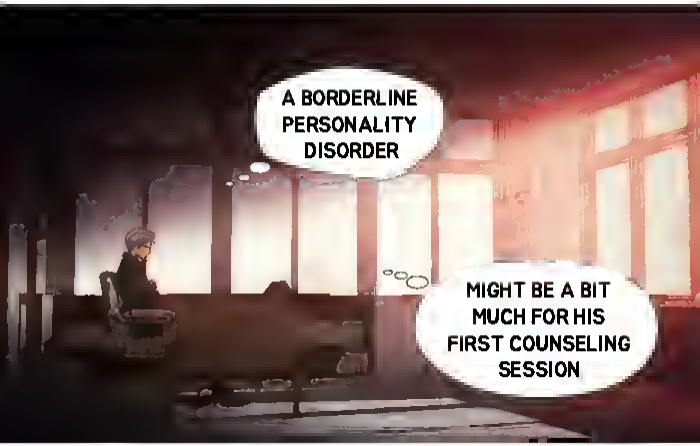
BUT THEY COME FOR COUNSELING BECAUSE OF THEIR PERSONAL PAIN AND DISCOMFORT. AND THIS APPLIES TO MANY CASES OF PERSONALITY DISORDERS.

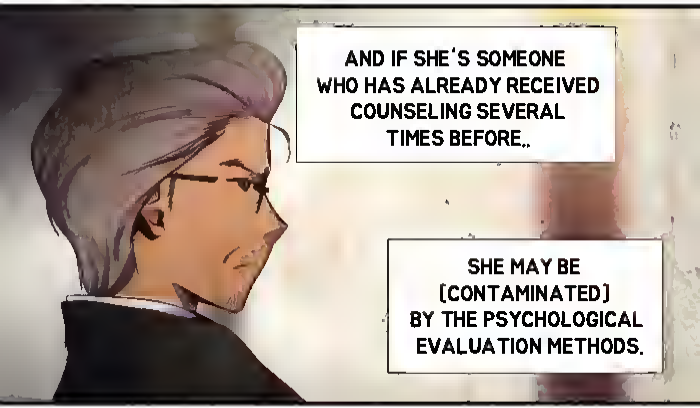
THERE ARE THREE TYPES OF PERSONALITY DISORDERS- A. B AND C- AND PEOPLE WITH TYPE B ARE DRAMATIC AND EMOTIONAL
AND HAVE THE COMMON CHARACTERISTIC OF VOLATILE SYMPTOMS OR BEHAVIOR. AND BORDERLINE DISORDER BELONGS TO [CLASS B PERSONALITY DISORDERS].
IF THAT'S WHAT THEY TOLD HER AT HER PREVIOUS COUNSELING SESSIONS..
STILL, I'D BETTER TRY A FEW TESTS


THIS IS AN SCT OR [SENTENCE COMPLETION TEST]
WOULO YOU MINO STARTING WITH THIS?


IT'S VERY SIMPLE YOU JUST-
FILL IN THE BLANKS..

WITH WHATEVER COMES TO MIND FIRST-
RIGHT?
I'VE ALREADY DONE THAT A FEW TIMES.


A BORDERLINE PERSONALITY DISORDER
MIGHT BE A BIT MUCH FOR HIS FIRST COUNSELING SESSION

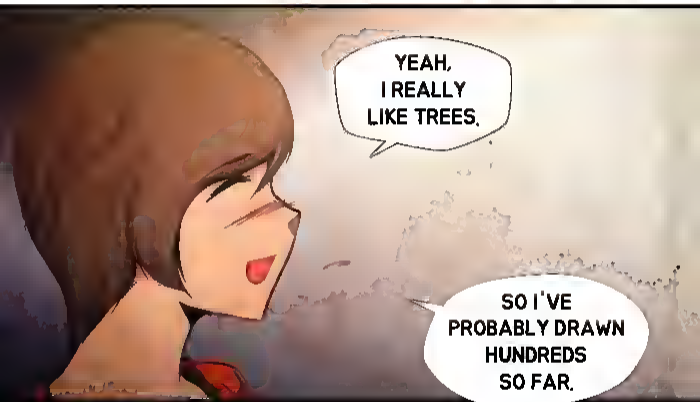

AND IF SHE'S SOMEONE WHO HAS ALREADY RECEIVED COUNSELING SEVERAL TIMES BEFORE..
SHE MAY BE [CONTAMINATED] BY THE PSYCHOLOGICAL EVALUATION METHODS.

I'VE TRIED A LOT OF DIFFERENT PSYCHOLOGICAL TESTS BEFORE.
MMPI, MBTI, ALL KINDS OF PROJECTION EXAMINATIONS...
WHEN A PATIENT HAS ALREADY BEEN EXPOSED TO A CERTAIN PSYCHOLOGICAL EVALUATION METHOD AND KNOWS ALL ABOUT IT,
WE USUALLY REFER TO THIS AS [THE EVALUATION HAS BEEN CONTAMINATED].
AND SINCE I GO TO AN ARTS COLLEGE,

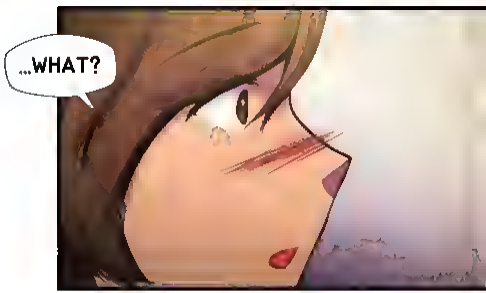
THINGS LIKE ORAWING TESTS PROBABLY WON'T WORK EITHER
THEY SAY THAT YOUR SUBCONSCIOUS EMERGES WHEN YOU ORAW STUFF LIKE (A TREE OR A HOUSE)
SO THE BRANCHES, ROOTS ANO TREE TRUNK MEAN SOMETHING, RIGHT?
BUT SINCE I'M ALREAOY SOMEONE WHO ORAWS AS A PROFESSIONAL...
!?
OIO YOU ORAW THE COVER OF THAT NOTEBOOK YOURSELF?

YEAH!
I PRINTED OFF A DRAWING THAT I DID AND GLUED IT ON. ISN'T IT GOOD!?

YOU'RE QUITE THE ARTIST.
DO YOU DRAW A LOT OF TREES?


YEAH,
I REALLY
LIKE TREES.
SO I'VE
PROBABLY DRAWN
HUNDREDS
SO FAR.

BUT OUT OF ALL THOSE HUNDREDS OF DRAWINGS OF TREES
WHY DID YOU PUT [THIS DRAWING] ON YOUR NOTEBOOK?


...WHAT?

YOUR DRAWING IS VERY DETAILED, AS EXPECTED FROM AN ART STUDENT.

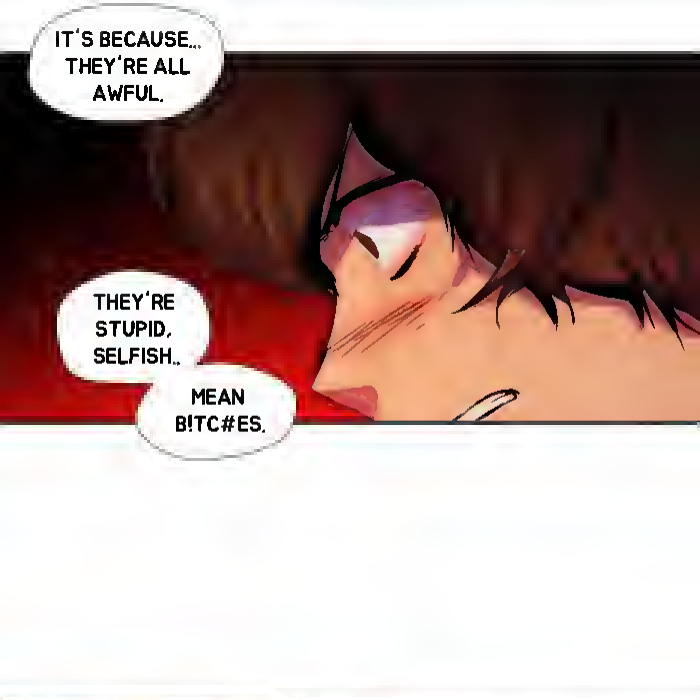
BUT THE ROOTS AREN'T SHOWN, AND I CAN HARDLY SEE THE TRUNK

JUDGING FROM THE WAY THE BRANCHES ARE SHAPED, IT LOOKS LIKE YOU HAVE A STRONG DESIRE FOR AFFECTION, BUT WHEN I LOOK AT THE ROOTS AND THE TRUNK..

I CAN SEE THAT YOU HAVE DIFFICULTY DEALING WITH REALITY AND FEEL VERY WEAK AS A PERSON

THE INTERESTING THING ABOUT THIS TEST-
IS THAT IT MAKES NO DIFFERENCE HOW WELL A PERSON CAN DRAW OR NOT.
IT ALLOWS US TO FIND OUT A LOT OF THINGS, INCLUDING THE REASON WHY YOU UNCONSCIOUSLY CHOSE THIS [CONTEXT] FOR THIS DRAWING.
IN MOST OF THESE CASES, THE PATIENT HAS DIFFICULTY MAINTAINING RELATIONSHIPS.
DO YOU HAVE ANY CLOSE FRIENDS?

N-NOT AT THE MOMENT.
ALTHOUGH THERE IS SOMEONE WHO I FEEL CLOSE TO SOMETIMES.
MOST OF MY FRIENDSHIPS DON'T LAST VERY LONG.
JUST AS I THOUGHT.
WHY DO YOU THINK THAT IS?


IT'S BECAUSE... THEY'RE ALL AWFUL.
THEY'RE STUPID, SELFISH..
MEAN B!TC#ES.

ONCE AGAIN. EXTREME DEVALUATION.

PEOPLE WITH BORDERLINE PERSONALITY DISORDER ARE EXTREMELY AFRAID OF [BEING ABANDONED BY OTHERS].

THIS IS SIMILAR TO DEPENDENT PERSONALITY DISORDER.

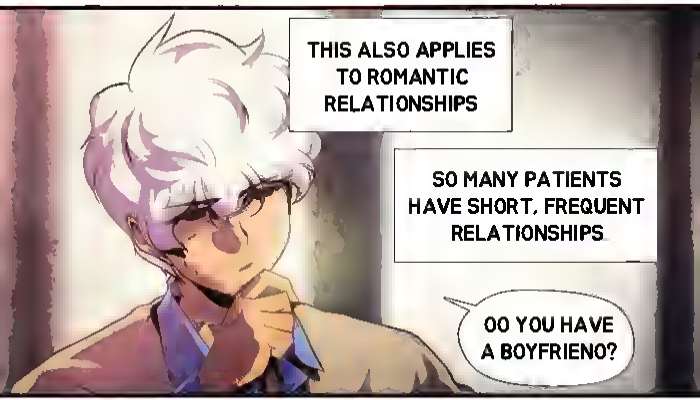
AH. ANYTHING YOU WANT. DARLING.

BUT IN THE CASE OF DEPENDENT PERSONALITY DISORDER. THE PATIENT TRIES TO PLEASE THE OTHER PERSON BECAUSE THEY'RE AFRAID THAT THEY WILL LEAVE.

WHEREAS PEOPLE WITH BORDERLINE PERSONALITY DISORDER EXPRESS THIS FEAR WITH RAGE AND UNREASONABLE DEMANDS.

IF SOMEONE FEELS LIKE SOMEONE ACKNOWLEDGES AND SYMPATHIZES WITH THEIR WEAK SENSE OF DIGNITY, THEIR FRAGILE EGO IS POWERFULLY DRAWN TO THE PERSON—
AND IN ORDER TO MAINTAIN THIS RELATIONSHIP, THEY GIVE THE OTHER PERSON ENDLESS TRUST, COMPLIMENTS AND PRAISE

BUT IF THE PERSON GROWS TIREO OF THIS EMOTIONAL ROLLERCOASTER ANO TRIES TO PUT EVEN A BIT OF OISTANCE BETWEEN THEM
THE PATIENT EXPLOOES WITH RAGE ANO BOMBAROS THEM WITH INSULTS BEFORE THE PERSON CAN RUN AWAY


THIS ALSO APPLIES TO ROMANTIC RELATIONSHIPS
SO MANY PATIENTS HAVE SHORT, FREQUENT RELATIONSHIPS
OO YOU HAVE A BOYFRIENO?

WHILE NORMAL RELATIONSHIPS ARE EXAMPLES OF [PSYCHOLOGICAL SYMBIOSIS]

GUYS JUST DDN'T UNDERSTAND ME.
THEY'RE BDRING, AND STUPID.
BUT YDU
SEEM LIKE YDU WDULD BE DIFFERENT

I'M TIRED OF TALKING ABOUT THIS.
TELL ME ABOUT YOURSELF, MR. BAEK.
THESE KINDS OF PATIENTS ARE MORE LIKE [PSYCHOLOGICAL PARASITES].
SO THEY FREQUENTLY CHANGE PARTNERS LIKE A PARASITE IN SEARCH OF A NEW HOST.

BY JONGBEOM LEE

- A SOLAR ECLIPSE BETWEEN TWO PEOPLE (3)

NAMBONG
YOU'RE A BIT DIFFERENT FROM OTHER PEOPLE

PEOPLE TEND TO LIVE WITH MORE EMOTIONS
THAN YOU EXPERIENCE.

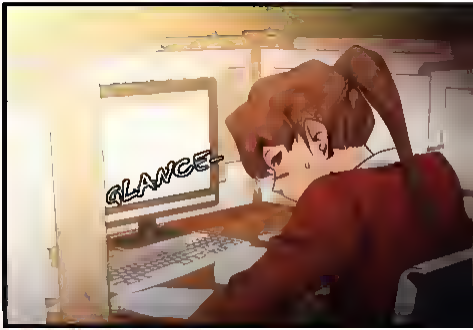
THERE ARE BASICALLY TWO WAYS
OF APPROACHING SOMETHING YOU DON T KNOW.
INTUITIVE [SYMPATHY]
AND LOGICAL [ANALYSIS].

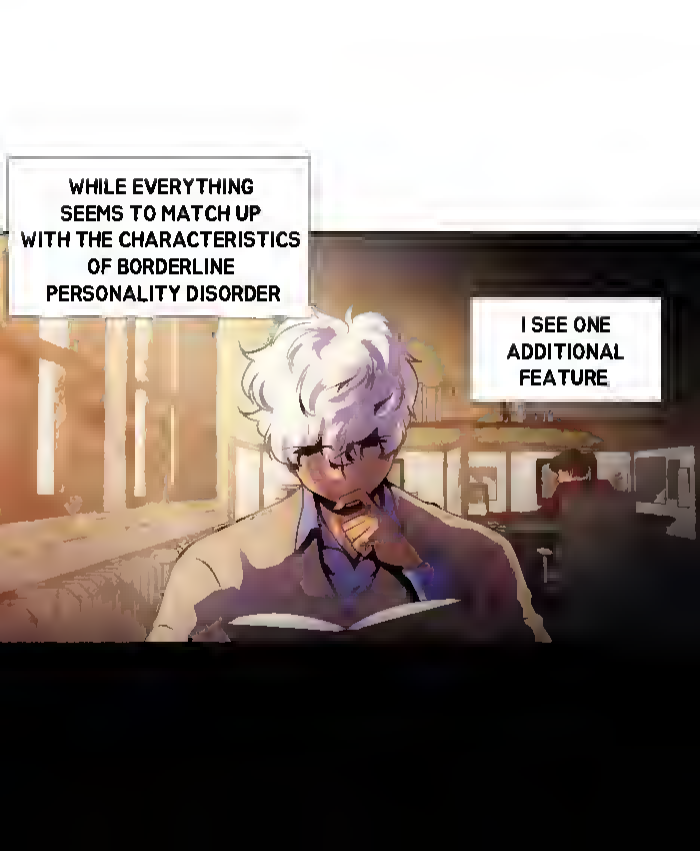
YOU'RE NOT VERY GOOD AT THE ONE
BUT YOU RE EXTREMELY SKILLED AT THE OTHER
SO IF YOU WOULD LIKE TO KNOW ABOUT YOURSELF
WHY DON T YOU TRY STUDYING PSYCHOLOGY?

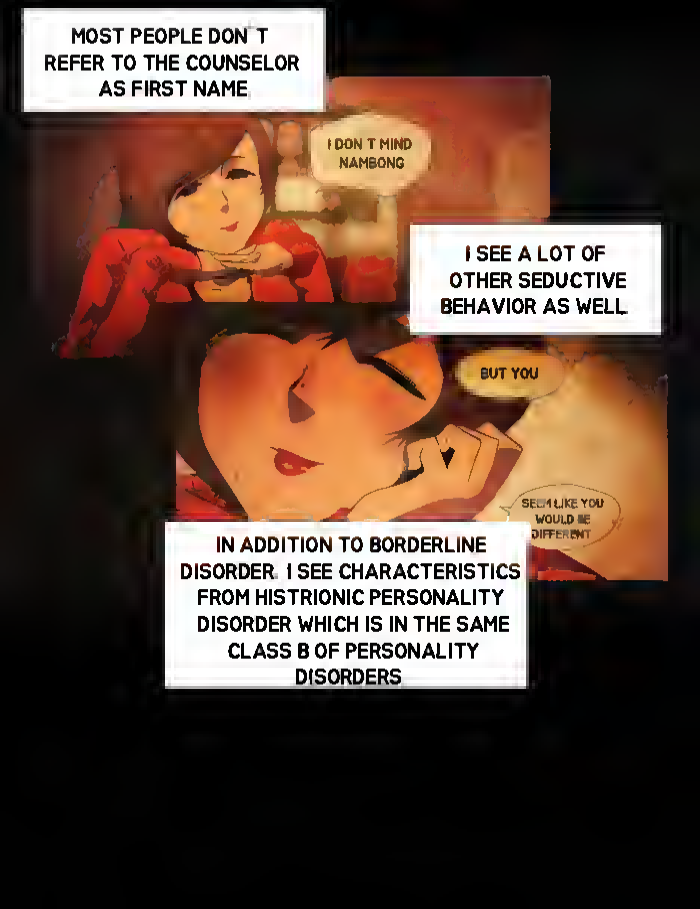
SINCE EVERYONE WHO RECEIVES COUNSELING
WALKS IN THE FACE OF THEIR OWN SHADOW
MR. BAEK?
COULD YOU TELL ME A BIT ABOUT YOURSELF?

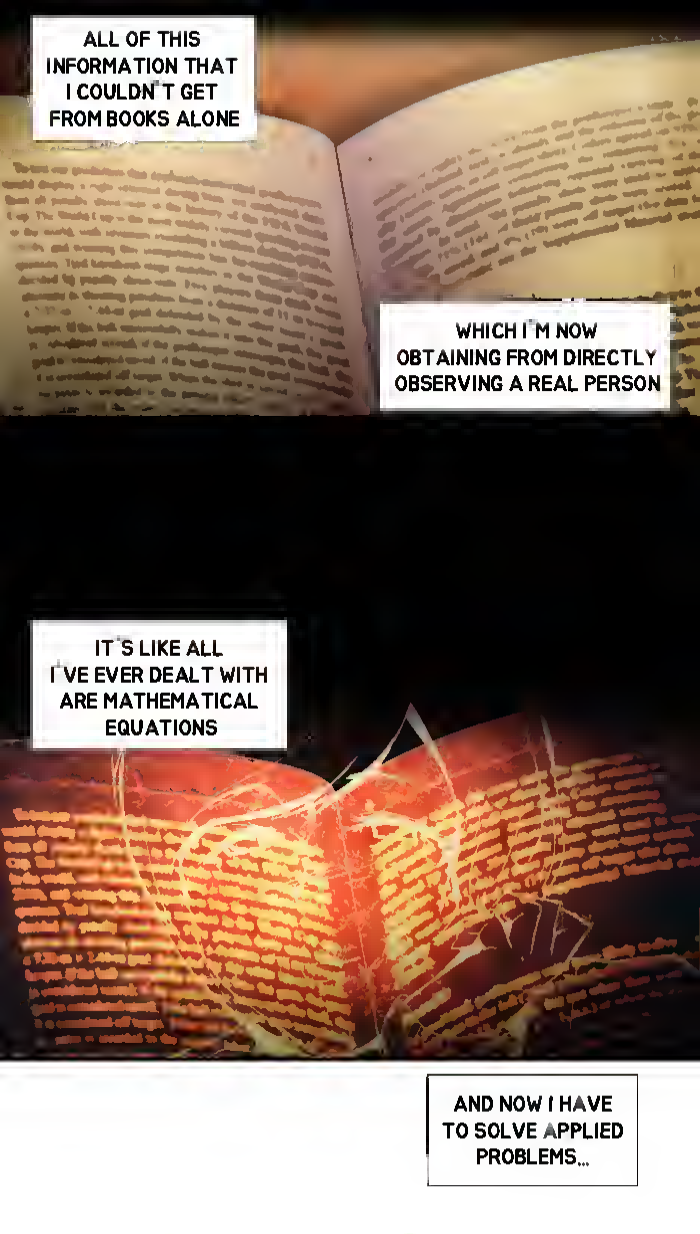
I DON'T SEE ANY NEED
FOR ME TO TALK ABOUT MYSELF IN THIS SITUATION.
AH...

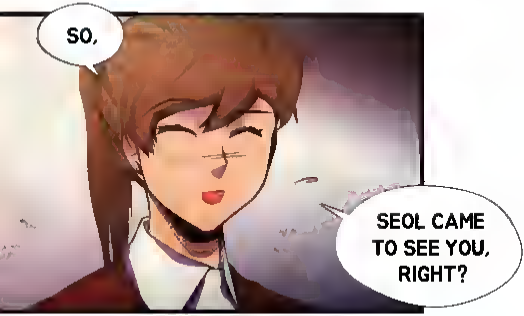
OKAY...


GLANCE-


WHILE EVERYTHING SEEMS TO MATCH UP WITH THE CHARACTERISTICS OF BORDERLINE PERSONALITY DISORDER
I SEE ONE ADDITIONAL FEATURE

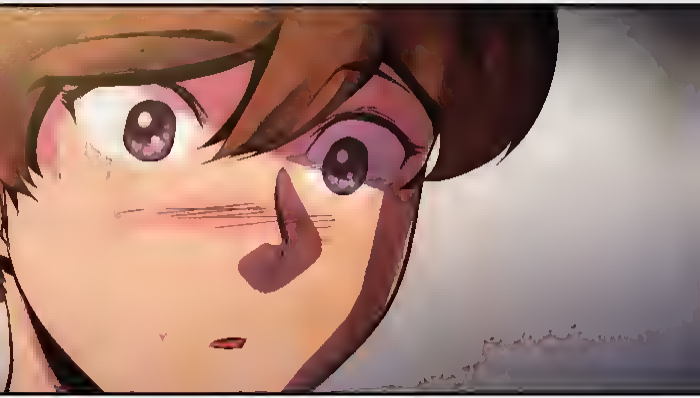

MOST PEOPLE DON T REFER TO THE COUNSELOR AS FIRST NAME
I DON T MIND NAMBONG
I SEE A LOT OF OTHER SEDUCTIVE BEHAVIOR AS WELL
BUT YOU
SEEM LIKE YOU WOULD BE DIFFERENT
IN ADDITION TO BORDERLINE DISORDER I SEE CHARACTERISTICS FROM HISTRIONIC PERSONALITY DISORDER WHICH IS IN THE SAME CLASS B OF PERSONALITY DISORDERS

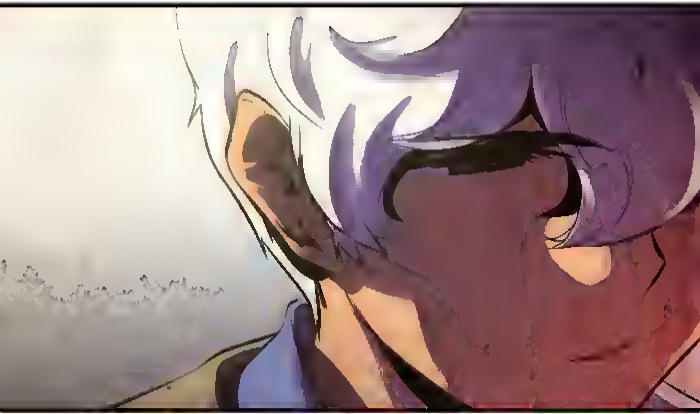

ALL OF THIS INFORMATION THAT I COULDN'T GET FROM BOOKS ALONE
WHICH I'M NOW OBTAINING FROM DIRECTLY OBSERVING A REAL PERSON
IT'S LIKE ALL I'VE EVER DEALT WITH ARE MATHEMATICAL EQUATIONS
AND NOW I HAVE TO SOLVE APPLIED PROBLEMS...


SO,
SEOL CAME TO SEE YOU, RIGHT?

HOW WAS IT?
AHH.

SHE MADE..
MY HEART RACE.





TO BE CONTINUED

JONGBEOM LEE

EXPERTS CONSULTED:
(HYEONGSEOK SONG)

(PHD IN PSYCHDLDGY, HEAD DF THE "HEART TD HEART" CLINIC)

[DASIM NU]
(HEAD DF THE "DASIM NU PSYCHDLDGY ACADEMY,"
PSYCHDLDGY CDLUMNIST)

[GYEONGBO SEO]
(FACULTY IN YDNSEI UNIVERSITY
GRADUATE SCHDDL'S PSYCHDLDGY DEPARTMENT) ET AL

LINE Webtoon